

Physiatry / Pain Clinic Referral Form

Insight Health Solutions, Trillium Health Partners
 2381 Bristol Circle Unit 102
 Oakville, ON L6H 5S9
 Fax Complete Referrals to: 905-829-4545
 Tel: 416-521-4175



All Sections are Mandatory

Patient Information		Requester Information <input type="checkbox"/> MD <input type="checkbox"/> NP	
First Name:		Name:	
Last Name:		Tel:	
DOB:		Fax:	
Gender:	Pronoun:	Address:	
Address:		City:	
City:		Postal Code:	
Postal Code:		OHIP Billing Number:	
Phone:		CPSO Number:	
Email:	<input type="checkbox"/> Home <input type="checkbox"/> Business <input type="checkbox"/> Mobile	Signature:	
Preferred Language:		Date of referral:	
Is an Interpreter required: <input type="checkbox"/> Yes <input type="checkbox"/> No			
Physician Preference:			
<input type="checkbox"/> First Available Physician		<input type="checkbox"/> Preferred Physician (please indicate Physician's name):	
		<input type="checkbox"/> Dr. Ida Cavaliere <input type="checkbox"/> Dr. Linda Vi <input type="checkbox"/> Dr. Ammar Al Khudairy <input type="checkbox"/> Dr. Pamela Joseph <input type="checkbox"/> Dr. Nicholas Sequeira <input type="checkbox"/> Dr. Ajit Rai	
Please provide family physician's name if different from requester's information:		Name:	

Reason for Consult: <input type="checkbox"/> Musculoskeletal conditions <input type="checkbox"/> Spine / axial pain <input type="checkbox"/> Sports-related injuries <input type="checkbox"/> Image-guided interventions <input type="checkbox"/> Brain injury (mild, moderate, or severe)	<input type="checkbox"/> Stroke and spasticity management (including botulinum toxin) <input type="checkbox"/> Bracing clinic (ADP approved, including custom orthotics) <input type="checkbox"/> Amputee care <input type="checkbox"/> Other - please indicate:
Please provide clinically relevant history related to the reason for referral:	
Diagnostic Imaging: <input type="checkbox"/> Yes (If yes, please attach) <i>*Patients must bring images of the X-ray</i> <input type="checkbox"/> No	
<i>*Please forward all relevant medical information or additional investigation reports if available for review, any referrals with missing documents will cause a delay in booking</i>	

Exclusion Criteria

- Undifferentiated abdominal/pelvic pain, or
- Opioid-use disorders or ongoing opioid management

About IHS:

Insight Health Solutions (IHS) is fully embedded as part of Trillium Health Partners, providing a wide range of services direct to consumers - patients, clients and businesses across Canada. With an existing line of programs offered relating to occupational medicine, physical health, disability management, and mental health, IHS is expanding its services with the official launch of the Physiatry and Pain Clinic.

Scope of the Clinic:

The clinic provides comprehensive services focused on rehabilitation and pain management by a multi-disciplinary team of physicians.

Key areas include:

- Musculoskeletal conditions
- Spine / axial pain
- Sports-related injuries
- Image-guided interventions
- Brain injury
- Stroke and spasticity management (including botulinum toxin)
- Bracing clinic (including custom orthotics)
- Amputee care

Physician Team:

Our Physician team includes THP physicians:

- Dr. Ida Cavaliere, Physiatry
- Dr. Ammar Al Khudairy, Physiatry and Pain Medicine
- Dr. Nicholas Sequeira, Physiatry
- Dr. Linda Vi, Physiatry
- Dr. Pamela Joseph, Physiatry
- Dr. Ajit Rai, Anesthesia and Pain Medicine

Wrap-Around Care Resources:

The IHS Rehabilitation Team of physiotherapists, kinesiologists, occupational therapists, registered massage therapists and psychotherapists will offer a range of services and personalized treatment in coordination with the physician team to ensure seamless and exceptional wrap-around patient care including:

- Manual Therapy (FCAMP certified)
- Massage Therapy
- Acupuncture
- Orthotics
- Pelvic Floor Physiotherapy
- Vestibular Rehabilitation
- Concussion Management
- Chronic Pain Management
- Psychotherapy
- Cognitive Rehabilitation/Coaching