

All Sections are Mandatory

Patient Information		Requester Information <input type="checkbox"/> MD <input type="checkbox"/> NP <input type="checkbox"/> Other:	
First Name:		Name:	
Last Name:		Tel:	
DOB:		Fax:	
Gender:	Pronoun:	Address:	
Address:		City:	
City:		Postal Code:	
Postal Code:		Billing Number:	
Phone:	<input type="checkbox"/> Home <input type="checkbox"/> Business <input type="checkbox"/> Mobile	CSPO #:	
Email:		OHIP #:	
Preferred Language:		Signature:	
		Is an Interpreter Required: <input type="checkbox"/> Yes <input type="checkbox"/> No Date:	
Physician Preference:			
<input type="checkbox"/> First Available Physician		<input type="checkbox"/> Preferred Physician (please indicate Physician's name):	

Reason for Consult:

- Musculoskeletal conditions
- Spine / axial pain
- Sports-related injuries
- Image-guided interventions
- Mild brain injury
- Stroke and spasticity management (including botulinum toxin)
- Bracing clinic (including custom orthotics)
- Amputee care
- Other (please indicate):

Diagnostic Imaging:

- Yes (If yes, please attach)
- No

***Patients must bring images of the X-ray**
***Please forward all relevant medical information or additional investigation reports if available for review**

Exclusion Criteria

- Undifferentiated abdominal/pelvic pain, or
- Addiction-related pain

About IHS:

Insight Health Solutions (IHS) is fully embedded as part of Trillium Health Partners, providing a wide range of services direct to consumers - patients, clients and businesses across Canada. With an existing line of programs offered relating to occupational medicine, physical health, disability management, and mental health, IHS is expanding its services with the official launch of the Physiatry and Pain Clinic.

Scope of the Clinic:

The clinic provides comprehensive services focused on rehabilitation and pain management by a multi-disciplinary team of physicians.

Key areas include:

- Musculoskeletal conditions
- Spine / axial pain
- Sports-related injuries
- Image-guided interventions
- Mild brain injury
- Stroke and spasticity management (including botulinum toxin)
- Bracing clinic (including custom orthotics)
- Amputee care

Physician Team:

Our Physician team includes THP physicians:

- Dr. Ida Cavaliere, Physiatry
- Dr. Ammar Al Khudairy, Physiatry and Pain Medicine
- Dr. Nicholas Sequeira, Physiatry
- Dr. Linda Vi, Physiatry
- Dr. Pamela Joseph, Physiatry
- Dr. Ajit Rai, Anesthesia and Pain Medicine

Wrap-Around Care Resources:

The IHS Rehabilitation Team of physiotherapists, kinesiologists, occupational therapists, registered massage therapists and psychotherapists will offer a range of services and personalized treatment in coordination with the physician team to ensure seamless and exceptional wrap-around patient care including:

- Manual Therapy (FCAMP certified)
- Massage Therapy
- Acupuncture
- Orthotics
- Pelvic Floor Physiotherapy
- Vestibular Rehabilitation
- Concussion Management
- Chronic Pain Management
- Psychotherapy
- Cognitive Rehabilitation/Coaching